



Camp Garrett Menu



Even Weeks - Summer 2025

Monday

Breakfast: Yogurt with granola, fresh fruit & Milk

Lunch: Quesadilla with fresh salsa & fresh fruit

Snack: Whole grain crackers & fresh fruit

Tuesday

Breakfast: Egg breakfast burrito with fresh fruit & milk

Lunch: Pizza with garden veggies & fresh fruit

Snack: Nut-free trail mix & fresh fruit

Wednesday

Breakfast: Whole grain bagels with butter or sunbutter, fresh fruit & milk

Lunch: Rainbow stir fry with rice, tofu, garden veggies & fresh fruit

Snack: Pretzels & fresh fruit

Thursday

Breakfast: Whole grain cereal, fresh fruit & milk

Lunch: Chicken nuggets, mac & cheese, garden veggies & fresh fruit

Snack: Graham crackers & fresh fruit

Friday

Breakfast: Crunchy breakfast bars, fresh fruit & milk

Lunch: Wraps with garden veggies, hummus, cheese & fresh fruit

Snack: Popcorn & fresh fruit



Camp Garrett Menu

Odd Weeks - Summer 2025



Monday

Breakfast: Yogurt with granola, fresh fruit & milk

Lunch: Grilled cheese with marinara dip & fresh fruit

Snack: Whole grain crackers & fresh fruit

Tuesday

Breakfast: Egg breakfast burrito with fresh fruit & milk

Lunch: Pizza with garden veggies & fresh fruit

Snack: Nut-free trail mix & fresh fruit

Wednesday

Breakfast: Whole grain bagels with butter or sunbutter, fresh fruit & milk

Lunch: Burrito bowls with turkey crumbles, rice, beans, cheese, fresh salsa & fresh fruit

Snack: Pretzels & fresh fruit

Thursday

Breakfast: Whole grain cereal, fresh fruit & milk

Lunch: Pasta with marinara meat sauce, garden veggies & fresh fruit

Snack: Graham crackers & fresh fruit

Friday

Breakfast: Crunchy breakfast bars, fresh fruit & milk

Lunch: Hamburger or beef hotdogs, garden veggies & fresh fruit

Snack: Popcorn & fresh fruit